



4<sup>th</sup> Annual

# Cole Family Memorial 5K Walk/Run

**Saturday, June 13<sup>th</sup>, 2009**

Beginning & Ending at St. John's Lutheran Church- Ashton, IL

**Registration: 8:30-9:00 a.m. - Walk/ Run: 9:00 a.m.**

Pre-registration: \$12 for Adults & Children over 10 -- \$5 for Kids 10 and under  
After June 1<sup>st</sup>: \$15 Adults and Children

This walk/run will consist of a 3.2 mile path through scenic Ashton. An alternative 1 mile path will be available for those that would like to participate but can not do the 3.2 mile course. This will be a non-timed event and stroller and bikes are welcomed for children. Please join us for this family friendly event. Balloon lift-off will start the event. There will be homemade ice cream and refreshments immediately following completion at the church for all participants, this event will also kick-off the Ashton Summer Celebration and there will be many family friendly activities following the walk. All participants will also receive a memorial walk T-Shirt. **Application Deadline to receive your shirt for the day of the race is June 1<sup>st</sup>.** Proceeds from the event will go to the Jeffry Cole Family Memorial Foundation and Education Scholarship in honor of Sheri Cole.

For more information please contact t Denise Coffman at 815-453-2008 or Tina Ketter at 815-732-6653

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Phone: \_\_\_\_\_ Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Shirt Size: CHILDREN'S S M L XL      ADULT'S S M L XL XXL

Knowingly and at my own risk, I hereby enter the 4<sup>th</sup> Annual Cole Memorial 5K Walk / Run and I or my parent / guardian hereby waive and release any and all claims for damages I may incur as a result of participation in this event, including the Village of Ashton, St. John's Lutheran Church, Officials, Directors, Sponsors, or Volunteers for said injuries.

Signature: \_\_\_\_\_

Mail Entries to: Cole Memorial Walk, P.O. Box 349, Ashton, IL 61006

Make Checks Payable to: Cole Memorial Foundation

Supplemental funds by the Lee County Chapter of Thrivent Financial for Lutherans